

# TURBO R11 - V1 RECUMBENT BIKE

**GYMOST**

GYM TO MOST | We are the one



340 X 440 mm 10" TFT Touch Screen

## CONSOLE

## FEATURES

Experience the R11-V1 Recumbent Bike, packed with features for an enhanced workout. Track time, distance, calories, resistance level, watts, pulse, speed, and profile. Enjoy 12 programs, including manual, interval, weight loss, target heart rate, fit test, random, warm up, and cool down. Get ready for a rewarding fitness journey.

## PRODUCT SPECIFICATION

SYSTEM	EMS
COMPUTER FUNCTION	Time, distance, calories, resistance level, watts, etc.
PRESET PROGRAMS	manual, interval, weight loss, target heart rate, etc.
CONSOLE	Size: 340*440mm, 10" TFT touch screen
MAX WATT	450w
USER WEIGHT	150KG
PULSE	Hand pulse
EASY BUTTON ON HANDLE BAR	Yes
RESISTANCE	20 Levels
POWER SUPPLY	AC plug
POWER INCLINE	N/A
CERTIFICATE	EN957, RoHS
STRIDE LENGTH	N/A

FLYWHEEL	8 kgs
CRANK ARM	175mm
WATER BOTTLE HOLDER	Yes
IPAD HOLDER	N/A
MOBILE PHONE HOLDER	Yes
USB CHARGER	Yes
MP3 SOCKET + SPEAKER	Yes
FAN	N/A
N.W.	80kgs
G.W.	95kgs
ASSEMBLY SIZE	1615 x 710 x 1390mm
CARTON SIZE	1730 x 380 x 830mm

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<http://www.gymost.com/>