

## L900 Chin-up and dip

- **Headrest and double padded support for the forearm.** Provide an easier support and tight fixing points for the arms and back during the exercise ensuring the correct position at all times.
- **Multiposition grips.** Allow the realization of two different exercises: dips and abdominal crunches.
- **Anatomical back support pad.** This pad is shaped with the same angle of the back, to keep it fully supported during the exercise.
- **Grips on top, which allow the users to make chin-ups.**
- **Nonslip footrest supports.** Prevents foot from sliding, thus preventing possible injuries.
- **Three layer coating.** The design of this professional, up-to-date, stylish system is enhanced still further by its -layer coating comprising an initial anti-corrosion primer, for guaranteed durability, followed by an epoxy powder layer.
- **Injected core seat.** Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection
- **Structure raised 50 mm above floor level with rubber tipped feet.** This provides access for cleaning and vacuuming without scratching the paint.
- **4 mm thick ST-37 / 40 steel frame.**  
For guaranteed durability
- **Tubes with rounded elliptical section,** that prevent cuts and blows.

### Specifications:

Length: 112cm / 44"  
 Width: 78cm / 31"  
 Height: 240 cm / 94"  
 Weight: 85Kg / 187 lbs.

