

## L885 Balanced abdominal

- **Works your entire core**, including the hard-to-reach lower abs and obliques.
- Unlike traditional crunch benches, which work your abs from “top to down,” **the L885 works your abs from “bottom to up,”** thus limiting stress on your neck, back and shoulders.
- **Leg support with three positions.** You can rotate it to the right and to the left, for training the oblique muscles.
- **Very silent non-railed machine for AB workout.** Ergonomic seats with injection nucleus.
- **Ergonomic and durable supports for forearms and legs** (with injected core).
- **Reduced dimensions that maximizes ROI per square meter in your gym**
- **4 mm thick ST-37 / 40 steel frame.** For guaranteed durability
- **Tubes with rounded elliptical section,** that prevent cuts and blows.
- **Three layer coating.** The design of this professional, is enhanced still further by its 3 layer coating comprising an initial anti-corrosion primer, followed by an epoxy powder layer and a varnish or lacquer.
- **Use of laser cutting technology.** For optimum tube cutting precision
- **Stainless steel components.** Designed to offer long-lasting durability.
- **Rubber tipped feet.**
- **Injected core seat.** Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection



### Specifications:

Length: 100 cm / 39"  
Width: 96,5 cm / 38"  
Height: 125 cm / 49"  
Weight: 65 Kg / 143 lbs.

