

L800 Abdominal flexor bench

- **Designed for optimum exercise biomechanics.** Guarantee smooth, natural movements for full muscle concentration
- **Structure raised 50mm above floor level with rubber tipped feet.** This provides access for cleaning and vacuuming without scratching the paint.
- **Round edges with elliptical section in order to avoid cuts and knocks.**
- **Three layer coating.** Enhanced by an initial anti-corrosion primer, followed by an epoxy powder layer and a lacquer or barnish.
- **Injected core fireproof seat.** Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection.
- **Resistance adapted to all the strength moments** developed throughout the whole movement.
- **Double pair of multi position grips.** Enables different kind of holding for a more varied exercise.
- **Double padded support for the forearm.** Provides an easier support and tight fixing points for the arms and back during the exercise ensuring the correct position at all times.
- **4 mm thick ST-37.. High durability.**
- **Structure, loads and fatigue resistance according to the TÜV standard.**
- **Reinforced frame, for more security and protection.**
- **Guarantees free, stable and natural guided movements.**

Specifications:

Length: 112 cm / 44,1 in
 Width: 78 cm / 30,7 in
 Height: 155 cm / 61 in
 Weight: 53 Kg / 116,7 lbs

Muscles:

