

L840 Roman chair (crunches)

- **Three layer coating.** The design of this professional, up-to-date, stylish system is enhanced still further by its -layer coating comprising an initial anti-corrosion primer, for guaranteed durability, followed by an epoxy powder layer
- **Injected core seat.** Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection.
- **Design with lower profile and solid outline,** For a more visually striking and elegant line.
- **Double roll to support and fix the leg position.** Acts as a support and a fixing point for the user, avoiding the risk of injuries due to incorrect postures.
- **4 mm thick ST-37 / 40 steel frame.** For guaranteed durability
- **Tubes with rounded elliptical section,** that prevent cuts and blows.
- **Support pad for the femoral muscle.** Provides a more comfortable and safer exercise

Specifications:

Length: 112cm / 44"
Width: 80cm / 31"
Height: 64 cm / 25"
Weight: 35Kg / 77 lbs.

Músculos trabajados:

