

L835 Crunch bench

- **Structure raised 50mm above floor level with rubber tipped feet.** This provides access for cleaning and vacuuming without scratching the paint.
- **Three layer coating.** Enhanced by an initial anti-corrosion primer, followed by an epoxy powder layer and a lacquer or barnish.
- **Injected core fireproof seat.** Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection.
- **Resistance adapted to all the strength moments** developed throughout the whole movement.
- **Setting elements are bright contrasting yellow.** They provide a quick and easy visual identification of the selectors to be adjusted by any user, without help from the coach.
- **Double roll to support and fix the leg position.** Acts as a support and a fixing point for the user, avoiding the risk of injuries due to incorrect postures.
- **Designed for optimum exercise biomechanics.** Guarantee smooth, natural movements for full muscle concentration
- **Back rest inclination adjustment at different levels of inclination.** The user is easily placed in the optimum position.
- **Round edges with elliptical section in order to avoid cuts and knocks.**
- **Structure, loads and fatigue resistance according to the TÜV standard.**
- **Reinforced frame, for more security and protection.**
- **4 mm thick ST-37. High durability.**

Muscles:



Specifications:

Length: 173,8 cm / 68,4 in
 Width: 72,5 cm / 28,5 in
 Height: 89,9 cm / 35,4 in
 Weight: 41 Kg / 90 lbs

