

L850 Shoulder press bench

- **Three layer coating.** The design of this professional, up-to-date, stylish system is enhanced still further by its 3-layer coating comprising an initial anti-corrosion primer, for guaranteed durability, followed by an epoxy powder layer.
- **Injected core seat.** Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection
- **Structure raised above floor level with rubber tipped feet.** This provides access for cleaning and vacuuming without scratching the paint.
- **Assistance bench at the back,** enabling the help of an assistant during advanced exercises like this.
- **4 mm thick ST-37 / 40 steel frame.** For guaranteed durability.
- **Tubes with rounded elliptical section,** that prevent cuts and blows.
- **3 training positions for the bar** for a more varied exercise.

Specifications:

Length: 106cm / 42"
 Width: 130cm / 51"
 Height: 164 cm / 65"
 Weight: 88Kg / 194 lbs.



Muscles involved:

