

## LD400 Max Rack

- Multiple racks on the front and rear for supporting the bar.
- **Safety stop at the base**, which prevents the bar from falling on the foot, thus providing maximum safety.
- **Reinforced frame**, for more security and protection.
- **Grips on top**, which allow the users to make chin-ups.
- It has tempered bars with linear bearings for discs with a diameter of 28 mm and 50 mm Olympic discs.
- Achieve the sensation of free weight training with a bar but with the safety of a Smith or Multipower machine, thanks to its **three-dimensional but fully guided movement system**.
- With the LD400 you will optimise the space in your fitness centre as it makes it possible to do 20 different exercises in less than 3 m<sup>2</sup>.
- The bar enables you to make three-dimensional movements in any direction in a fully controlled and safe way, thanks to its vertical and horizontal guides.
- **Designed for optimum exercise biomechanics**. Guarantee smooth, natural movements for full muscle concentration

**THE SENSATION OF FREE WEIGHT TRAINING  
WITH THE SAFETY OF A SMITH OR  
A MULTIPOWER MACHINE**

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### Specifications:

Length: 200 cm / 79"  
Width: 140 cm / 57,5"  
Height: 216 cm / 86"  
Weight: 199 Kg / 439 lbs



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- 4 mm thick ST-37 / 40 steel frame. High durability.
- Round edges with elliptical section in order to avoid cuts and knocks
- It guarantees smooth, natural movements for full muscle concentration.
- **Three layer coating.** The design of this professional, up-to-date, stylish system is enhanced still further by its -layer coating comprising an initial anti-corrosion primer, for guaranteed durability, followed by an epoxy powder layer and fin.
- **Use of laser cutting technology.** For optimum tube cutting precision.
- **Structure raised 50mm above floor level with rubber tipped feet.** This provides access for cleaning and vacuuming without scratching the paint.

