

L360FS- FOUR STACK CABLE STATION TRAINING

- **Designed for optimum exercise biomechanics.** To guarantee smooth, natural movements for full muscle concentration.
- Calibrated weights. For guaranteed weight person.
- **Hard chrome guides and IGUS drylining bushing.** Offering a silent, sliding action and minimum maintenance. The bushings are resistant to friction and to high temperatures.
- High resistance 5 mm and 6 mm thick coated Steel cable, for smooth, secure performance.
- **360° free hold**, for a more natural exercise, adapted to the anatomical movement of the arms of each particular user, whilst maintaining control. Controlled mobility.
- **Magnetic weighth plate selectors.** The magnets ensure that there is no possibility of the selector coming out during training.
- Stainless steel components. Designed to offer long-lasting durability.
- Use of laser cutting technology, for optimum tube cutting precision.
- **Structure of 4 mm thick ST-37/40 steel frame** and pulley support plates of 8 mm thick steel frame. Offers guaranteed durability.
- Multiple training positions at the ergoline.
- Accessories: plyometric platform for jump exercises (at V-Station) and U-bar for dips, press downs and knew raises (Cable Station).



- 3 pivot heads (1 at the V-Station and 2 at the cable station) for multidirectional workouts with bars and weights. The heads have shafts which rotate 360° and allow the users to move the bar in multiple directions.
- 2 independent multiposition pulley arms, which can be adjusted vertically in 9 different positions and horizontally in 7 different positions.
- Connecting ladder between V-Station and Cable Station for suspension training exercises. Includes side bars for TRX and Queenax type of accessories.

Length: 190cm

Width (close arms): 140cm

Width with arms opened: 356cm

Maximum height: 257cm

Weight: 657.30kg