

lower body



Leg Press position

CLH-300

Horizontal Plate Load Leg Press/Hack Squat

- Unique 2-in-1 design allows seated leg press and prone hack squat positions off same machine.
- Seat carriage with commercial grade linear wheels riding on 2" nickel plated support rails provide optimal path of travel throughout the full range of motion.
- Dual foot plates allow a variety of foot placement options and targeted muscle isolation.
- Direct drive design provides 1:1 resistance loads.
- Maximum weight: 800 lb/363 kg

LWH: 85 x 33 x 55 in/216 x 84 x 140 cm
WT: 305 lb/138 kg



Hack Squat position